



**JULY  
2025**

*Lutheran Manor  
of the Lehigh Valley*

2085 Westgate Drive, Bethlehem, PA 18017

### **Office Hours**

Monday - Thursday

8:30a - 4:30p

Friday

8:30a - 1:00p

### **Fitness Center**

Every Day

6:00a - 9:00p

### **Staff Birthdays**

NO July Babies

### **WELCOME New Residents**

Kathleen E - Floor 9

Juan CC - Floor 7

Juliet S- Floor 4

## **General Meeting**

# **Canceled for July & August**

**\*To resume in  
September**





# Office Notes

*In observance of*  
**INDEPENDENCE DAY**

The office will be CLOSED!

**Thursday, July 3rd**  
**Friday, July 4th**

*Sunday Believers'*  
*Paul Belfort* *with Worship*

**Sundays**  
**@ 1:00p**

Community Room | NOT Live-Streamed

## REMINDER:

Throughout the months of July and August, many staff members will be off for vacation. Please be patient and kind to all remaining staff. We will respond and assist residents as promptly as we can. Thank you.

## BRAVE THE HEAT



### REMEMBER TO...

- ~Protect your skin
- ~Wear clothing, hats, sunglasses, & sunscreen
- ~Stay hydrated - drink plenty of fluids
- ~Always find shade if you plan to be outside for long periods of time



Be extremely cautious as the high temperatures will be here before you know it

## Thank You!

Dear Residents & Staff,  
We are so grateful for your patience, cooperation, & support as we prepared for the HUD inspection on 6/10. Your efforts made such a huge impact and we are confident, without a doubt, we did extremely well. We truly appreciate you all.



# Movie Days



The true story of Mamie Till-Mobley's relentless pursuit of justice for her 14-year-old son, Emmett Till, who was brutally lynched in 1955 while visiting his cousins in Mississippi.

**JULY 7TH | PG13**

## IN-PERSON MOVIE

~With Spanish Subtitles

After graduating from Harvard, Bryan Stevenson heads to Alabama to defend those wrongly condemned or those not afforded proper representation. One of his first cases is that of Walter McMillian, who is sentenced to die in 1987 for the murder of an 18yr old girl, despite evidence proving his innocence. Stevenson encounters racism, legal, and political maneuverings as he tirelessly fights for McMillian's life.



**JULY 14TH | PG13 | COMMUNITY ROOM**

## PELÍCULA ESPAÑOLA EN PERSONA

~Con Subtítulos en Inglés



**Corazón  
Delator**

Un acaudalado empresario recibe un trasplante de corazón y una segunda oportunidad. Al conocer a la esposa del donante, su nuevo corazón comienza a anhelarlo. Todo mientras ayuda en secreto a su vecindario, sin revelar jamás su conexión con su difunto esposo.

**25 DE JULIO | TV14 | SALA COMUNITARIA**



Young Christian finds a stray dog named Pluto & decides to bring it home. In just a short time, Pluto manages to rescue a lost toddler, bring comfort to Christian and help save his parent's struggling marriage.

**JULY 28TH | PG**

**~All LM movies live-streamed on Channel 98 at 1:00p~**



## Katie's Korner

### **WALKER'S CLUB**

Mondays,  
Wednesdays  
& Fridays 9:30a

\*Meet in front of the gym

### **CHAIR YOGA**

EVERY FRIDAY  
11:00A & 1:00P

Fitness Room | Sign-up REQUIRED

### **WORKOUT QUEEN OF THE MONTH**



WAY  
TO GO!

Confetti

JOANNE WOLFE

NEW

### **Class Alert!**

Introducing...

Chair Zumba  
with Katie  
Tuesdays @10am

Fitness Room | Sign up with Katie

### **Katie, Fitness Specialist**

Join us for an hour  
of Mind & Body  
Connections –  
Deep Breathing,  
Gentle Stretching,  
Visualization and  
Meditation

**Monday, 7/7 @ 2:00p**

### **SPEAKER: Moravian 'Vision Changes in Seniors'**

As you age, you may  
notice changes that  
affect your eyes and  
vision. Let's discuss  
symptoms, treatments,  
and strategies to utilize  
in your everyday life.

**Tuesday, 7/29 @2:00p**

**Community Room | Sign-up on the Events Form**



# Katie's Korner

## Drum Fitness

**Every Tuesday and  
Thursday @ 12:15p**

**Contact Lori  
in the Main Office  
about cancelations**

**Sign-up REQUIRED | Community Room**

7/1	with Anna	12:15p	_____
7/3	CLOSED	--	_____
7/8	with Anna	12:15p	_____
7/10	with Katie	12:15p	_____
7/15	with Anna	12:15p	_____
7/17	with Katie	12:15p	_____
7/22	with Anna	12:15p	_____
7/24	with Katie	12:15p	_____
7/29	with Anna	12:15p	_____
7/31	with Katie	12:15p	_____

Name: \_\_\_\_\_ Apt. \_\_\_\_\_

**Check the dates you would like to attend & return this slip to the Main Office!**



7/4	CLOSED	--	_____
7/4	CLOSED	--	_____
7/11	Friday	11:00a	_____
7/11	Friday	1:00p	_____
7/18	Friday	11:00a	_____
7/18	Friday	1:00p	_____
7/25	Friday	11:00a	_____
7/25	Friday	1:00p	_____

## Chair Yoga

**Every Friday  
at 11:00a & 1:00p**

**Contact Lori  
in the Main Office  
about cancelations**

**Sign-up REQUIRED | Fitness Room**

Name: \_\_\_\_\_ Apt. \_\_\_\_\_

**Check the dates you would like to attend & return this slip to the Main Office!**

## From the Chaplain

**Sitting down, Jesus called  
the Twelve and said,  
"Anyone who wants to  
be first must be the  
very last,  
and the servant of all."  
Mark 9:35 NIV**

### LAST-PLACE?

We live in a world of the top ten lists, sports rankings, and grade point averages. Jesus turns everything upside down. He measures success differently than we do. He doesn't rate us by material wealth, academic accolades, corporate status, or athletic prowess. Rather, He calls us to humble service--teaching us to use our talents and resources for selfless service to others. Jesus "walked the talk."

*Help us Jesus, to honor you by serving others.*

~Pastor Clark

## Worship in the Community Room

### Worship Services at 2:00p - Live-Streamed on Ch98

Thurs, 7/3	Brother Ricardo Rivera - Christ Fellowship, Allentown (SPANISH)
Thurs, 7/10	Brother Ben Gonzalez - Forks Community Church, Easton
Thurs, 7/17	Pastor Larry Burd - Calvary Baptist, Easton
Tue, 7/22	Father Venatius Korobo - Notre Dame RC Church, Bethlehem
Thurs, 7/24	**Pastor Lisa Borrell - Frieden Lutheran, Center Valley**
Thurs, 7/31	Pastor Chris Weltin - Race Street Baptist Church, Catasauqua

### \*\*HOLY COMMUNION WORSHIP

**~If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark**



## Pastor's Movies

### YANKEE DOODLE DANDY



Brought to the White House to receive a Congressional Medal from President FDR, Broadway Legend, George Cohan, reflects on his life. Featuring Patriotic songs like Yankee Doodle Dandy, You're a Grand Old Flag & Over There.

**JULY 2ND**

### THE TEN COMMANDMENTS



Enjoying a life of ease in the court of Egypt's pharaoh, Moses discovers his Hebrew heritage and, later, God's expectations of him. He dedicates himself to liberating his people from captivity out of Egypt.

**JULY 9TH | G**

### E.T.



Journey back to the magic & adventure with E.T., The Extra-Terrestrial and the 10-year-old boy who helps him find his way home shares its timeless message of trust, courage, & the overwhelming power of friendship.

**JULY 16TH | PG**

### BIG



At a carnival, young Josh Baskin wishes he was big, only to wake up the next morning & discover his wish came true. But the more Josh experiences life as an adult, the more he longs for the simple joys of childhood.

**JULY 30TH | PG**

All Pastor Movies are live-streamed on Wednesdays at 2:00p on Channel 98

## Lutheran Manor BINGO

# LUTHERAN MANOR BINGO

**NO BINGO July & August.  
We will resume in  
September.**



# Bellezza Salon

If you are ever unable to make it to the salon, please contact Tracy at 484-280-5977, and she will be more than happy to pay you a direct visit to your apartment for your service needs. There is \$15 extra charge for a personal accommodation visit. Also, we will be making a few changes and adding new services to our menu. Should there be a service you would like us to offer, please contact Diane at 610-390-9676 to discuss. We are dedicated to bringing positive beauty and happiness to enlighten your confidence & well being. As always, Thank you for your patronage. We truly appreciate you!

*~Diane, Lorri, & Tracy*

## July Tidbits

**Flower** - Larkspur symbolizes dedication, positivity & happiness  
Water Lily symbolizes resurrection, purity, & enlightenment

**July 4** - Independence Day

**July 30** - Friendship Day

## Massage Therapy.

*With over 35 years of study, skills and experience, Karen rewrites the rules of wellness and medicine with innovative options to keep mind, body, and soul in balance.*

Contact Karen directly to book an appointment at 610-360-2427.

## SERVICES WITH LORRI:

- Works on Mondays and Wednesdays ONLY
- Specializes in Hair, Waxing, Pedicures, and Facials
- To make, change, or cancel an appointment with Lorri, please call her directly at 610-751-4458

## SERVICES WITH TRACY:

- Works every OTHER Tuesday ONLY
- Specializes in Hair, Ear Candling, Paraffin Dips, Waxing, and Manicures
- To make, change, or cancel an appointment with Tracy, please call her directly at 484-280-5977



# Bellezza Salon and Spa

## **GIFT BOX DRAWING:**

Always remember to enter the drawing each month! You may just be our next Lucky Winner!!

## **GIFT CERTIFICATES:**

Always available for purchase!

## **NAILS:**

We are looking for a PA State Licensed Nail Technician. Can you help? If you refer someone, and they are the one, we will reward you with a FREE manicure & pedicure to show our appreciation.

## **PARAFFIN DIP:**

Great for arthritis, carpal tunnel, stiffness, and dry skin. Dip appointments have to be scheduled a week in advance due to preparation requirements. Try it, Feel it, Love it!

## **PUNCH CARDS:**

Remember to have your card stamped after each visit. After each service, you will receive a sticker on your punch card. Once you fill up your card, you will receive \$25.00 towards your next salon service - \*Compliments of Lutheran Manor\*

## **REFERRALS:**

Refer a friend, neighbor, or family member for any service and YOU will receive a FREE retail item right off the shelf.

## **RETAIL ITEMS:**

Buy 1, Get 1 at 50% off

Buy 2, Get 2 at 75% off

## **SUGGESTIONS, QUESTIONS, OR CONCERNS:**

Do not hesitate to call Diane Rizzetto at 610-390-9676 or email her at [diane@bellezzasalon.org](mailto:diane@bellezzasalon.org)





# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 10:00a Chair ZUMBA 12:15p Drum Fitness 1:15p CLINIC: BP & Glucose Checks	<b>2</b> 9:30a Walker's Club 10:00a Williams Family 11:30a ZUMBA 12:30p Bible Study 2:00p Pastor's Movie	<b>OFFICES CLOSED 3</b> 10:00a BANKS/Pharm 10:00a Chat Room 12:15p Drum Fitness - CANCELED 12:30p Second Harvest 2:00p Church (Spanish)	<b>Independence Day 4</b> <b>OFFICES CLOSED</b>	<b>5</b> 9:30a RA Donuts/Coffee
<b>6</b> 1:00p Sunday Believer's	<b>7</b> 9:30a Walker's Club 11:00a Wicked Botanist 11:00a ZUMBA 1:00p LM Movie 2:00p Mind & Body Connections w/ Katie 3:30p Buckeye Tavern 6:00p RA BINGO	<b>8</b> 9:00a Silver Birches 10:00a Chair ZUMBA 12:15p Drum Fitness 2:00p General Mtg - CANCELED 2:00p VOCERO: Oak St.	<b>9</b> 9:30a Walker's Club 11:30a ZUMBA 12:30p Bible Study 1:00p Ice Cream Social 1:45p LM BINGO - CANCELED 2:00p Pastor's Movie	<b>10</b> 10:00a Weis 10:00a Chat Room - CANCELED 12:15p Drum Fitness 2:00p Church	<b>11</b> 9:30a Walker's Club 9:30a Prince of Egypt 11:00a Chair Yoga 12:00p SPEAKER: RedLion 12:30p CLINIC: OAA 1:00p Chair Yoga 2:00p Snacks/IceCream 2:00p Domino Espanol	<b>12</b> 4:00p RA Soup/Hotdogs- CANCELED
<b>13</b> 1:00p Sunday Believer's	<b>14</b> 9:30a Walker's Club 10:30a Bethlehem Dairy Ice Cream 11:00a ZUMBA 1:00p In-Person Movie 6:00p RA BINGO	<b>15</b> 10:00a BANKS/Target 10:00a Chair ZUMBA 10:00a Venanzi Buffet 12:15p Drum Fitness	<b>16</b> 9:30a Walker's Club 11:30a ZUMBA 12:00p Wert's Cafe 12:30p Bible Study 2:00p Pastor's Movie	<b>17</b> 9:00a CLINIC: EYE 10:00a Chat Room 11:00a Giant 12:15p Drum Fitness 2:00p Church	<b>18</b> 9:30a Walker's Club 11:00a Chair Yoga 1:00p Chair Yoga 2:00p Snacks/IceCream	<b>19</b> 9:30a RA Breakfast - CANCELED



# JULY 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>20</b> 1:00p Sunday Believer's Social - CANCELED	<b>21</b> 9:30a Walker's Club 10:00a Walmart 11:00a ZUMBA 2:00p ENTERTAINMENT 'Robin & Jim' 2:00p Walmart 6:00p RA BINCO	<b>22</b> 10:00a Chair ZUMBA 11:00a Iron Pligs Game for Staff - OFC CLOSED 12:00p Grove St Pub 12:15p Drum Fitness 2:00p Church	<b>23</b> 8:00a Silver Birches 9:30a Walker's Club 11:30a ZUMBA 12:30p Bible Study 2:00p Pastor's Movie - CANCELED	<b>24</b> 10:00a Chat Room - CANCELED 12:15p Drum Fitness 2:00p Church	<b>25</b> 9:30a Walker's Club 11:00a Chair Yoga 12:00p Wegmans 1:00p Chair Yoga 1:00p Pelicula en Persona 1:30p Mobile Market 2:00p Snacks/IceCream 2:00p Clothing Drive	<b>26</b>
<b>27</b> 1:00p Sunday Believer's	<b>28</b> 9:30a Walker's Club 10:00a Atown Crossings & Outback Steakhouse 11:00a ZUMBA 1:00p Movie 6:00p RA BINCO	<b>29</b> 9:00a Morgan's 10:00a Chair ZUMBA 12:15p Drum Fitness 2:00p SPEAKER: Moravian University	<b>30</b> 9:30a Walker's Club 10:00a Dollar Tree 11:30a ZUMBA 12:30p Bible Study 2:00p Dollar Tree 2:00p Pastor's Movie	<b>31</b> <b>LM CAR WASH</b> 10:00a Chat Room 12:15p Drum Fitness 2:00p Church 3:30p Plaza Azteca	<b>STAFF BIRTHDAYS</b> NO July Babies	



# Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
<b>Bible Study</b>	Every Wednesday	12:30p	Community Room
<b>Chat Room</b>	Every Thursday	10:00a	Community Room
<b>Church</b>	4th Tues & Every Thurs (1st Thurs - Spanish)	2:00p	Community Room Channel 98
<b>Sunday Believers'</b> with Paul Belfort	Every Sunday	1:00p	Community Room

# Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
<b>CHAIR YOGA</b> with Katie	Friday	11:00a 1:00p	Fitness Room
<b>CHAIR ZUMBA</b> with Katie	Tuesday	10:00a	Fitness Room
<b>DRUM FITNESS</b>	Anna on Tuesday Katie on Thursday	12:15p	Community Room
<b>WALKER'S CLUB</b> with Katie	Monday Wednesday Friday	9:30a	Front of the Gym
<b>ZUMBA</b> with Anna	Monday Wednesday	11:00a 11:30a	Exercise Room Channel 98



# July Activities

<b>RA BINGO</b>	Every Monday	6:00p	Community Room
<b>RA Snacks &amp; Ice Cream</b>	Every Friday	2p - 3p	Lounge
<b>RA Clothing Drive</b>	Last Friday	2p - 3p	Lounge
<b>RA Coffee &amp; Donuts</b>	1 <sup>st</sup> Saturday	9:30a	Lounge
<b>RA Birthday Party, Breakfast</b>	CANCELED	—	—
<b>RA Social, Soup/Hotdogs</b>	CANCELED	—	—
<b>Brenda is on VACATION</b>	June 20 <sup>th</sup> - July 4th	--	Returning Mon, 7/7
<b>Second Harvest Food Bank</b>	Thursday, July 3rd	12:30p	Resident Apts.
<b>Independence Day</b>	July 3 <sup>rd</sup> & July 4th	--	OFFICES CLOSED
<b>The Wicked Botanist</b>	Monday, July 7th	11:00a	Lounge
<b>Mind &amp; Body Connections</b>	Monday, July 7th	2:00p	Community Room
<b>GENERAL MEETING</b>	CANCELED	—	—
<b>VOCERO: Oak St. Health</b> 'La Protección Solar'	martes, 8 de julio	2:00p	Sala Comunitaria
<b>Ice Cream Social</b>	Wednesday, July 9th	1p - 3p	Staff Parking Lot
<b>LM BINGO</b>	CANCELED	—	—
<b>SPEAKER: Red Lion</b> 'Sun Protection'	Friday, July 11th	12:00p	Community Room
<b>DOMINÓ Español</b>	viernes, 11 de julio	2:00p	Sala Comunitaria
<b>LM IN-PERSON MOVIE</b> 'Just Mercy'	Monday, July 14th	1:00p	Community Room
<b>Bill Venanzi Breakfast Buffet</b>	Tuesday, July 15th	10:00a	Lounge
<b>ENTERTAINMENT: Vocals</b> 'Robin & Jim'	Monday, July 21st	2:00p	Lounge
<b>Iron Pigs Game for Staff</b>	Tuesday, July 22nd	11:00a	OFFICES CLOSED
<b>PELICULA EN PERSONA:</b> 'Corazón Delator'	viernes, 25 de julio	1:00p	Sala Comunitaria
<b>SPEAKER: MORAVIAN</b> 'Vision Changes in Seniors'	Tuesday, July 29th	2:00p	Community Room
<b>LM CAR WASH</b>	Thursday, July 31st	--	Front of Building



# Brenda's Bulletin

## **SECOND HARVEST FOOD BANK**

Boxes are delivered directly to your apartment. Please plan accordingly to be home at this time. Contact Brenda to sign up.

**Thursday, 7/3 @ 12:30p**

## **CLINICS**

### **BP & GLUCOSE**

**Tuesday, 7/1 @ 1:15p**  
~Lounge

### **OAA PODIATRY**

**Friday, 7/11 @ 12:30p**  
~Resident Apartment

### **HEALTHDRIVE EYE**

**Thursday, 7/17 @ 9a**  
~Game Room



\*Sign-up with Brenda directly

## **DOMINÓ Español**

Únase a nosotros para disfrutar de algunos juegos, excelente comida española y una compañía increíble.

**viernes, 11 de julio @ 2p**

~Sala Comunitaria

\*Regístrate en el Formulario de Eventos

### **ACTIVITY**

## *The Wicked Botanist*

Kokodema teaches you how to create and care for a "moss ball," a Japanese-style hanging plant where the roots are wrapped in soil & moss. Come enjoy a class and take home your own.

**Monday, 7/7 @ 11:00a**  
~Lounge

Sign-up REQUIRED on Events Form | 10 ppl max.



### **ENTERTAINMENT**

*'Robin & Jim'*  
Vocals

**Monday, 7/21 @ 2p**

Lounge | Sign-Up on the Events Form

## **Office Hours**

**Monday - Friday 9:30am - 3:00pm**  
**610-866-6010 ext. 202**



## Brenda's Bulletin

VOCERO: Oak St. Health

### 'La Importancia de la Protección Solar'

La protección solar es crucial para las personas mayores debido a su piel más fina y delicada, que es más susceptible a los daños de los rayos UV y al cáncer de piel. Únase a nosotros para hablar y aprender cómo proteger su piel. ¡Nunca es tarde!

**martes, 8 de julio @ 2p**

~Sala Comunitaria

Regístrate en el Formulario de Eventos

SPEAKER: Red Lion Home Care

### 'The Importance of Sun Protection'

*Sun protection is crucial for older adults because of their thinner, more delicate skin, which is more susceptible to UV damage and skin cancer. Join us to discuss and learn how to protect your skin. It's never too late!*

**Friday, 7/11 @ 12p**

~Community Room

Sign-Up on the Events Form

**BRENDA WILL  
BE OFF  
June 20-July 4**



### **EAT.REAL.FOOD MOBILE MARKET**

A 'Farm to Neighborhood' initiative that is participating with local farms, schools, municipalities, non-profits & community leaders, bringing local FARM GROWN food to a table near you.

JOIN US in the Lounge on:

**~Fri, 7/25 from 1:30p – 3:00p**

**~Fri, 8/29 from 1:30p – 3:00p**

**~Fri, 9/26 from 1:30p – 3:00p**



**Payments Accepted:**

**Cash, Credit Cards, SNAP/EBT, Vouchers**



## MISCELLANEOUS

# ICE CREAM SOCIAL

We are hosting our Annual Ice Cream Social once again. Sign-up **REQUIRED** so we can have a final headcount. You will receive a menu to make your ice cream and topping selections ahead of time. Don't miss out!

**Wednesday, July 9<sup>th</sup> from 1p-3p**

Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt. \_\_\_\_\_



Staff Parking Lot | Complete this form and return to the Main Office by 7/2

# LM CARWASH

Join us to get the premier car wash experience by the best, most amazing staff in town!!

**Thursday, July 31st**

*You will receive a memo beforehand about when & where to bring your car.*

*\*RESIDENT CARS ONLY*



Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt. \_\_\_\_\_

Sign-Up **REQUIRED** | Complete this form and return to the Main Office



# Resident's Association

## BINGO

Come one, Come all!  
Enjoy the Fun!!

**Mondays at 6:00p**

~Community Room



### COFFEE & DONUTS



Come mingle  
with your fellow  
neighbors while  
enjoying a cup of  
joe with some  
delicious donuts  
to start your day!

**Sat, 7/5 @ 9:30a**

\$1.50 each | Lounge



### CLOTHING DRIVE

Bring your gently  
used clothing/shoes  
to the Lounge at  
2:00p, so they can  
be donated to the  
Salvation Army.

**Friday, 7/25 @ 2p**

~Lounge

## BORDERLINE BREAKFAST BUFFET

*honoring Bill Venanzi*

**~Scrambled Eggs ~Home Fries  
~Bacon ~Sausage  
~French Toast ~Fresh Fruit**

**Tue, 7/15  
@ 10:00a**  
~Lounge

Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt. \_\_\_\_\_

Sign-up REQUIRED | Complete this form and return to the Main Office



# Event Sign-Up Form

Please **CHECK OFF** which event you would like to attend below



## Lutheran Manor Events

7/7	Monday	<b>The Wicked Botanist</b>	11:00a	<input type="checkbox"/>
7/7	Monday	<b>Body Connections with Katie</b>	2:00p	<input type="checkbox"/>
8/7	martes	<b>VOCERO: Oak St. Health</b> 'La Importancia de la Proteccion Solar'	2:00p	<input type="checkbox"/>
7/11	Friday	<b>SPEAKER: Red Lion Home Care</b> 'The Importance of Sun Protection'	12:00p	<input type="checkbox"/>
11/7	viernes	<b>DOMINÓ ESPAÑOL</b>	2:00p	<input type="checkbox"/>
7/14	Monday	<b>LM IN-PERSON MOVIE:</b> 'Just Mercy'	1:00p	<input type="checkbox"/>
7/21	Monday	<b>ENTERTAINMENT:</b> 'Robin & Jim'	2:00p	<input type="checkbox"/>
25/7	viernes	<b>PELÍCULA ESPAÑOLA EN PERSONA:</b> 'Corazon Delator'	1:00p	<input type="checkbox"/>
7/29	Tuesday	<b>SPEAKER: MORAVIAN</b> 'Vision Changes in Seniors'	2:00p	<input type="checkbox"/>

## Resident's Association Events

--	Canceled	<b>RA BIRTHDAY PARTY, BREAKFAST</b>	Canceled	--
--	Canceled	<b>RA SOCIAL, SOUPS &amp; HOTDOGS</b>	Canceled	--

Name(s): \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt.#: \_\_\_\_\_

**\*Please return this form to the MAIN OFFICE starting on Tuesday, 7/1**



**RETURN THIS  
FORM TO BRENDA**

## August Van Trips



8/4	Monday	<b>BANKS</b> _____ & Shopping at <b>CVS / WALGREENS</b>	10:00a_____
8/5	Tuesday	Walk with Katie at <b>TREXLERTOWN PARK</b>	9:30a_____

**Our wonderful bus driver, Joe,  
will be away on vacation from  
August 6th - August 15th**

8/18	Monday	Shopping at <b>GIANT</b>	10:00a_____ 2:00p_____
8/19	Tuesday	Shopping at <b>LEHIGH VALLEY MALL</b>	11:00a_____
8/20	Wednesday	Lunch at <b>THE SHELBY</b>	11:30a_____
8/22	Friday	<b>BLACK RIVER FARMS</b> Wine tasting, cheese platter, and a pizza lunch (\$15 per person)	12:00p_____
8/24	Sunday	<b>IRON PIGS</b> game (Rain Date from 6/22 trip)	11:45a_____
8/25	Monday	Dinner at <b>PRIME STEAKHOUSE</b>	3:30p_____
8/26	Tuesday	Shopping at <b>WEIS</b>	12:00p_____
8/27	Wednesday	Lunch at <b>THE CHEESECAKE FACTORY</b>	11:30a_____
8/29	Friday	Breakfast at <b>THE HOMETOWN BAR &amp; GRILLE</b>	10:00a_____



Name: \_\_\_\_\_

Phone#: \_\_\_\_\_ Apt#: \_\_\_\_\_



# Trip Descriptions

*Below are descriptions of the unique trips scheduled & what you should expect if you attend...*

## **TREXLER MEMORIAL PARK:**

Join Katie, our Fitness Specialist, for a lovely stroll through this beautiful, scenic park with large old trees, grassy lawns & a duck pond.

## **THE SHELBY:**

**\$** Come experience the unique flavors that will fulfill any cravings you may have. Enjoy falafel gyros, grilled skewers, seafood paella, seared ribeye, pizza, pasta, ramen, salmon, short ribs & much, much more!

## **BLACKRIVER FARMS VINEYARD & WINERY:**

**\$** A local gem blessed with rich & productive soils that assist in harvesting the quality grapes, used to create and share the most flavorful wines for you. Enjoy a relaxing experience pairing different wines with a cheese platter and indulge in a gourmet pizza lunch.

## **PRIME STEAKHOUSE:**

**\$** Let's break bread like family...Enjoy premium-cut steaks, fresh & naturally-aged or indulge in carefully crafted seafood, chicken, or pasta dishes.

## **THE CHEESECAKE FACTORY:**

**\$** With over 250 items on the menu, it's hard to believe everything is made from scratch! Enjoy avocado tacos, sliders, flatbread pizza, burgers, shepherd pie, pastas, gumbo, surf & turf, and much more.

## **THE HOMETOWN BREAKFAST BAR & GRILL:**

**\$** Serving traditional American cuisine, Barbeque, Breakfast, Brunch, Burgers, Diners, Sandwiches, and Seafood - this is not your typical diner! This is better than your momma's cooking!

# Home of the brave

